

Eby Family Dental

FLUORIDE IS NOT JUST FOR KIDS!

We are always offering all patients to get a fluoride treatment done when you are in the office. It is not always covered by insurance but only \$25.00 if not. There are so many benefits from getting fluoride we will always encourage it and recommend it for our patients. Take a look to the right for some great info about it!

WHAT'S IN THIS MONTH'S ISSUE:

- Fluoride
- Implants
- Meet the Team
- Featured Recipe

WHY SHOULD I GET

FLUORIDE TREATMENTS?



ADULTS CAN BENEFIT FROM TOPICAL FLUORIDE TREATMENTS JUST AS MUCH AS CHILDREN.



SODA AND SPORTS DRINKS HAVE A HIGH ACID CONTENT THAT CAN DAMAGE TEETH.

Did You Know?



EXISTING RESTORATIONS, POOR ORAL HYGIENE OR DIET, OR TOOTH ENAMEL DAMAGE CAN ALL INCREASE THE RISK FOR CAVITIES.

FLUORIDE TREATMENTS ARE AN IMPORTANT PART OF KEEPING YOUR TEETH HEALTHY.



FLUORIDE HELPS TO PREVENT CAVITIES AND REPAIR TEETH IN THE VERY EARLY STAGES OF DISEASE.

@opalencewhitening

Dental Implants

Replace One Tooth



Replace Multiple Teeth



Replace All Teeth



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Benefits and Advantages of Implants:

- They can last a lifetime
- Behave like natural teeth
- Prevents bone loss
- Keep adjacent teeth stable
- Help keep you free of gum disease
- Can prevent facial sagging and premature aging



HAVE QUESTIONS REGARDING IMPLANTS?

Implants are a common solution to losing teeth, whether cosmetic or chewing ability. Avoiding getting implants due to cost? There are many reasons implants are a great option especially longevity. We always want to work with patients so they have the ability to choose the best dental options for themselves. Anytime you have questions, always ensure to reach out. Our financial coordinators can ensure to get you the out of pocket before starting any procedure.

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MEET THE TEAM: EMILY

Hola! My name is Emily. I recently joined the Eby Family Dental team. I work as a hygiene assistant. I enjoy learning new things every day at the office and seeing new faces. I'm always happy to translate for our Spanish speaking patients! In my free time I enjoy lifting, running with my dog, and spending time with my loved one. I look forward to meeting you and helping you achieve your smile goals!

FEATURED RECIPE

Cheddar Broccoli Soup

Prep Time: 20 Minutes
Total Time: 20 Minutes

Equipment: Assorted
Taste of Home

Ingredients:

1/4 Cup Chopped Onion
1/4 Cup Butter, Cubed
1/4 Cup all-purpose flour
1/4 teaspoon salt
1/4 teaspoon pepper
1-1/2 cups 2% milk
3/4 cup chicken broth
1 cup cooked chopped fresh or frozen broccoli
1/2 cup shredded cheddar cheese

Directions:

In a small saucepan, sauté onion in butter until tender. Stir in the flour, salt and pepper until blended; gradually add milk and broth. Bring to a boil; cook and stir until thickened, about 2 minutes

Add Broccoli. Cook and stir until heated through. Remove from heat; stir in cheese until melted. Enjoy!

