

Eby Family Dental



NEEDING TO GET IN FOR SOME TREATMENT OR A CLEANING?

We have several different doctors & hygienists on staff to accommodate all patients whether at our Fort Atkinson or Jefferson location. We are a family friendly dental office and strive to give all our patients the absolute best care! Call today to set up your appointment at whichever office is more convenient for you!

920-563-2928 - Fort Atkinson

920-897-6080 - Jefferson

FEATURED RECIPE

Buffalo Chicken Stuff Sweet Potato

Prep Time: 5 Minutes

Total Time: 1 Hour

Equipment: Assorted

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Ingredients:

- 4 Sweet Potatoes
- 2 Tablespoons Olive Oil
- 1 Tablespoon Kosher Salt
- 2 Cups Cooked Chicken (Can use Rotisserie)
- 1/4 Cup Buffalo Sauce - more if desired
- 1/4 Cup Chopped Cilantro

Directions:

1. Heat oven to 400F and line a baking sheet with aluminum foil. Spray foil with nonstick spray.
2. Give potatoes a good scrub and then dry them completely with a paper towel. Pierce potatoes with a fork about 6-8 times.
3. Lay potatoes on foil-lined baking sheet, then brush all over with olive oil. Sprinkle with salt.
4. Bake in pre-heated oven for 1 hour, or until sweet potatoes are soft. Once cooled slightly cut in half.
5. Combine the chicken and buffalo sauce in a small bowl. Warm up in microwave or on stove. Then place 1/2 cup chicken on top of each potato. Then add cilantro and drizzle with dressing.
6. Salt & Pepper to taste. Serve while warm. Enjoy!



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WHAT'S IN THIS MONTH'S ISSUE:

- Continuing Education
- Mid-Winter
- Treatment/Cleaning
- Featured Recipe

CONTINUING EDUCATION

Working in the dental field, continuing education is extremely important. New things are coming to us all the time and we have to adapt to those changes. Each person needs to complete so many Continuing Education credits for their prospective degrees and certificates. These classes give us the opportunity to learn from many different teachers from all over.



MID-WINTER CHICAGO

Recently our team attended the mid-winter dental convention down in Chicago IL. They attended their perspective classes appropriate to their job duties to learn and continue their education. We had a wide range of staff go from, dentist, dental assistant, hygienist, hygiene assistant and front office coordinators. We have brought so much knowledge back and are so excited to put in to use! Not everyone is pictured to the left but most!

